



HOTCAKES

INGREDIENTS :

- 1 Egg
- 1 cup Buttermilk
- 1 cup Flour
- 1 tablespoon Baking Powder
- Pinch of Salt
- 2 teaspoons Sugar
- 2 tablespoons Butter, melted
- ¼ teaspoon Vanilla –optional
- 1/3 cup Blueberries
- 4 tablespoons Maple Syrup

METHOD :

- 1) Beat egg and buttermilk together.
- 2) Mix flour, baking powder, salt and sugar together.
- 3) Add melted butter and vanilla to the egg and milk mixture.
- 4) Add moist ingredients to dry ingredients. Mix well to remove any lumps.
- 5) Cook in a non-stick, lightly greased frypan.
- 6) Serve with blueberries and maple syrup.

NOTES : Use approximately a 1/3 cup of mixture for each hotcake. Cook on one side until bubbles appear then flip and cook the other side.