



CANTEEN MENU

TERM 3, 2019
CARRANBALLAC P-9 COLLEGE

AVAILABLE MONDAY TO FRIDAY FOR LUNCH ORDERS,
AND OVER THE COUNTER SALES AT RECESS AND LUNCH.

LUNCH TIME MEAL DEALS

Burgers

Served with tomato and lettuce. Options of Beef, Chicken Schnitzel or Vegetarian.

All \$5.50 (add cheese extra 50 cents)

Lentil Vegetarian curry with Basmati Rice

with a juice box (Vegan and Gluten free)

\$7.00

Lunch Box

4 Sandwich sushi (cheese or Vegemite), Juice box, Cheese Stick, Rice Crackers and Carrot Sticks

\$6.00

Spaghetti Meal Deal

Spaghetti Bolognese served with a small garlic bread and a juice box

\$7.00

Chicken Nuggets

Five chicken nuggets with fried rice and a quench water

\$7.50

Margherita Pizza and Oak Milk

\$5.00

HOT LUNCH MENU

Butter Chicken with Rice (Gluten Free)	\$5.50
Beef lasagne	\$5.00
Macaroni cheese	\$5.00
Spaghetti bolognese	\$5.00
Chicken schnitzel burger	\$5.50
Travellers pie	\$3.80
Sausage roll	\$3.00
Vegetarian pasties	\$4.00
Sauce	\$0.30
Margherita pizza	\$3.50
Small corn cob with butter	\$1.20
Coconut Chicken with Thai Curry and Jasmine Rice	\$5.50

SANDWICHES AND ROLLS

Salad contains lettuce, tomato, carrot, beetroot and Cucumber. All items have margarine unless stated. Indicate your choice of white or wholemeal bread.

	Sandwich	Roll	Wrap
Vegemite	\$2.00	\$2.30	\$2.50
Cheese	\$2.50	\$2.80	\$3.00
Salad	\$4.00	\$4.30	\$5.00
Chicken or ham	\$3.50	\$3.80	\$4.50
Chicken and lettuce	\$4.00	\$4.30	\$5.00
Ham, cheese and lettuce	\$4.50	\$4.80	\$5.50
Chicken and salad	\$5.50	\$5.80	\$6.50
Ham and salad	\$5.50	\$5.80	\$6.50
Tuna, mayonnaise and lettuce	\$4.50	\$4.80	\$5.50
Egg, mayonnaise and lettuce	\$4.50	\$4.80	\$5.50
Extra cheese	+ \$0.50	+ \$0.50	+ \$0.50
Mayonnaise or sauce	+ \$0.30	+ \$0.30	+ \$0.30



Register your children
www.quickcliq.com.au
to order your lunch orders
online.

COLD DRINKS

Juice Boxes Orange/Apple/Tropical/Apple & Blackcurrant	\$2.00
Bottled water, 600ml	\$2.50
Oak Milk Chocolate/Strawberry/Banana	\$2.50
Quench water Lemonade/Orange/Apple & Raspberry	\$2.50
Blue Heaven	\$2.50
Milk (with sippa straw)	\$2.00
Milo (hot or cold)	\$2.50
Up & Go Breakfast Drink Chocolate/Banana	\$2.50

FROZEN FOODS

Moosies Blue Heaven, Strawberry, Chocolate	\$2.00
Slushies Flavours vary	\$2.50
Quelche Fruit Sticks Flavours vary	\$1.00
Frozen Orange pieces	\$0.10
Berri Juice Cups Orange/Apple	\$1.60

FRESH SNACKS

Carrot Sticks (per bag)	\$1.00
Cheese Cubes (per bag)	\$1.00
Bega Stringers - cheese	\$1.00
Rice Crackers	\$0.50
Rice Cakes	\$0.50
Baked Special (per item)	\$1.50
Fresh Fruit (seasonal)	\$1.50
Yogurt Tubs	\$2.00
Small Popcorn	\$0.50

DRY SNACKS

Red Rock Chips Plain/Honey & Soy	\$2.00
Cobs Pop Corn Salty Sweet/Cheese	\$2.00
Mamee Noodle Snacks BBQ/Chicken	\$1.00
Cheese Rice Sticks	\$1.00

Can you spare some time?

The canteen relies on the assistance of volunteers to organise lunch orders and help with canteen window sales. If you can assist us with an hour here or there please visit the canteen and we will help you become a valued volunteer at Carranballac. A Working With Children check is required.

School Hours

School Begins: 8:45am

Recess: 10:45-11:05am

Lunch (Eating Time): 12:35pm

Lunch (Play Time): 12:50-1:30pm

School Ends: 3:00pm